



COMMUNITY RESPONSE TO MEDICAL EMERGENCIES:

**For any on-campus emergency, dial x456 from an on campus phone or
From a cell phone dial 508-494-9010.**

A medical emergency can occur anywhere on campus. The reaction of the victim or those around her/him can ensure quick arrival of trained emergency personnel.

What to do if someone is injured or becomes ill:

Be Prepared...

In a medical emergency, activate the emergency medical services (EMS) system by calling the Anna Maria College Department of Public Safety...on campus phone, dial ext. 456...cell phones, dial 508-494-9010

Quick List:

- Stay Calm.
- Dial x456 from a campus phone (508-494-9010 from a cell phone) and explain the type of emergency, the location of the victim and the condition of the victim. Let the dispatcher know of any safety hazards - chemical spill, fire, fumes, etc.
- Be sure to tell the officer if

Think about taking a first aid and CPR course. Contact the American Heart Association or your local chapter of the American Red Cross for information on CPR and first aid training in your community.

SPECIFIC INCIDENTS:

- **Body Substance Isolation**

It is recognized that some infections may be carried and transmitted in a person's body substances, including blood, saliva, urine, feces and tears. While intact skin is a generally effective barrier against outside contagions, it is recommended that any provider, lay or professional, avoid direct contact with the body substances of another person. Keep in mind that

carry an epinephrine auto-injector (also known as an EpiPen™) or the allergic reaction could be the victim's first.

1. Call Anna Maria College Public Safety at 508-494-9010 to activate EMS.
2. You may be able to assist a victim who has an epinephrine auto-injector under the following conditions:
 - a. The medication is prescribed to the victim.
 - b. The victim identifies his/her medication but is unable to administer it without assistance.
3. Allow the victim to sit upright, or in the position that is most comfortable.

- **Seizures (Convulsions):**

The objectives during a seizure are to prevent further injury and to help maintain an open airway. Most seizures will stop on their own after a few seconds.

1. Call Anna Maria Public Safety at 508-494-9010 to activate EMS.
2. Do not restrain the victim during the seizure. Move furniture away or place soft objects (pillow, clothing) to protect the head.
3. Do not place anything in the victim's mouth. Tongue biting, which may be typical of a seizure, occurs at the beginning. Placing something in the victim's mouth is futile to prevent tongue injury, and may cause the victim to choke.
4. After a seizure the victim may be unconscious, confused or lethargic. Place the victim on their side to allow oral secretions to drain out, and reassure the victim.

- **Heart Attack:**

A heart attack is normally characterized as severe chest pain, but may be indicated by a number of other, more subtle signs. Heart attacks affect men and women. Learn to recognize the signs, and activate EMS immediately if you suspect so

1.

2. Allow the victim to sit up, or in the position that is most comfortable.
3. Reassure the victim that help is on the way.
4. Monitor the victim and perform CPR if

- **Cuts and Scrapes:**

Clean the wound with clean, running tap water for at least 5 minutes. Application of an antibiotic ointment after cleaning has been shown to help wounds heal better. Call for Anna Maria College Public Safety or seek medical attention if necessary.

- **Burns:**

1. Burns Caused by Heat-

Immediately cool the burn in cold, running water and continue at least until pain is relieved. Do not use ice, as this may freeze skin and cause more damage. Do not pop burn blisters. Call for Anna Maria College Public Safety or seek medical attention if necessary. Always call Public Safety for burns of a large area, or for burns affecting the face, hands or genitals.

2. Burns Caused by Electricity-

Electrical burns are usually internal, and only a small outside burn may mask a large area of damage inside the victim.

- Call Anna Maria College Public Safety at 508-494-9010 to activate EMS.
- Consider your own safety first! Do not approach or touch the victim until the power has been turned off.
- Once the power is off, assess the victim to determine if CPR is needed.

3. Burns Caused by Chemicals-

- Call Anna Maria College Public Safety at 508-494-9010 to activate EMS.
- Brush powdered chemicals off the skin with a gloved hand or piece of cloth.
- Remove contaminated clothing, being careful not to contaminate yourself in the process.
- In the case of acid or alkali exposure (low pH or high pH) to the skin or eye, immediately irrigate with water, and continue to irrigate until EMS arrives.
- It is also helpful to provide Public Safety/responding EMS with a copy of the [Material Safety Data Sheet \(MSDS\)](#) for the chemical involved.

- **Sprains, Strains, Bruises and Broken Bones:**

1. Call Anna Maria College Public Safety at 508-494-9010 to activate EMS.
2. Do not attempt to move or reposition a victim with a serious muscular, bone or joint injury.
3. Apply ice to the injured area, being sure to place a thin towel or other cloth between the ice and the skin to prevent freezing of skin. Apply ice for 20 minutes at a time, to prevent skin from becoming too cold.
4. If the injury includes open skin, cover the wound with a dressing. Do not attempt to push protruding bones or tissue back into the skin.

- **Dental Injuries:**

Dental injuries include chipped teeth or a tooth that is knocked out.

1. Seek medical attention at a dentist or emergency room, or contact Public Safety.
2. Handle knocked-out teeth by the part of th